

Parent Information Evening –Thursday 29th February 2024

Dear Parent/ Carer,

This letter contains some information regarding the annual ski trip, key dates and an invite to the parent information evening.

We will be hosting an important pre-trip parent meeting on **Thursday 29th February 2024** at 5:30PM. The purpose of the meeting is to provide information regarding final arrangements and to collect travel documents. It is also an opportunity for you to meet the staff who will be accompanying your child on the trip and ask any questions you may have.

You will need to bring to this meeting your child's:

1. Passport
2. EHIC/GHIC card

We will collect these as you arrive and check the validity of the expiry dates. These will be kept locked away in the school until we travel.

Ski equipment/clothing

Attached is a list of personal ski equipment that IBT recommend, along with a packing check list. This list is not exhaustive but covers the essential items necessary for an enjoyable trip. Dressing in layers is essential on any ski day and is the key to staying warm. On the top of the mountain, it may be windy and cold, and you need to be prepared for this. You can always remove a layer if the sun comes out and warms up the mountain, but if not, layers are sure to keep you warm. There are a range of places which sell skiing items. Below are a few examples and if you are participating in the DofE or similar programs, you may receive discount in some of these stores.

- Go-outdoors
- Decathlon
- Best-Buys (in store)
- Middle of Lidl

Ski trip hoodies

Campion ski trip hoodies are available to purchase now, please order as soon as possible to ensure you receive yours in good time for the trip. These are not compulsory but are a fantastic souvenir and also beneficial for staff in quickly identifying Campion students. Please note, these are specifically for the ski trip and cannot be worn as part of school or PE uniform. If you wish to order a hoodie, please click the link below.

<https://johnhenrysports.co.uk/collections/campion-school/>

Student information form

Thank you for completing the student information forms. You should have received an e-mail receipt from Google forms. If you need to make any changes, please open this e-mail and click the link 'edit response' as opposed to completing the entire form again.



Headteacher: Ms Patricia Hammond

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CLOTHING FOR SKIERS

Base Layer (underwear) - Your ski base layer wicks perspiration away from your body to keep you dry, warm, and comfortable during a full day of skiing. Skiing base layer clothing should be lightweight and tight fitting to keep your body heat in and sweat out. Going for a thermal vest and long johns is a good idea if you suffer from the cold.

Mid-Layer (tee-shirt/ski polo/micro-fleece) – The next layer is your mid-layer, an insulating layer. For this layer, you can wear anything from a heavy t-shirt, a turtleneck/polo, or an insulating shirt designed to keep you warm or comfortable without adding extra weight.

Top-Layer (Sweatshirt/fleece) - Some skiers choose to wear vests, some skiers choose sweatshirts and some skiers choose to wear a fleece layer under their ski jacket. This layer isn't always necessary depending on the daily weather report as you might find yourself a little too warm during moderate winter temperatures. However, a top-layer will keep you warm on days that are especially cold or windy. Whatever you choose, make sure that what you wear will keep you warm, as this layer is essential to keep you comfortable on colder days.

Ski Jacket & Salopettes / Pants - A ski jacket and pants are your most expensive layer, but they are also your most important layer as they will protect you from the elements. The two main styles are insulated or shell garments. The insulated items will not only shield you from wind, snow, and rain, but they will keep you warm and comfortable. Shell garments will shield you from harsh elements, but they are not insulated so they will not keep you as warm as insulated versions, therefore you need to wear warm fleece garments beneath them. For first time or novice skiers we recommend insulated items.

Ski Helmet / Hat – Wearing a ski helmet for children of certain ages is now law in Austria and Italy. Helmets can help protect from injury so there is no real excuse not to wear a helmet. Also, helmet design has changed and many of the designs are now fashionable and sleek. Helmets are provided by IBT in resort, or you can bring your own ski helmet. When you are not wearing a helmet (at lunch time for example), then a warm hat that will cover your ears is essential. A warm hat helps maintain a warm body so is a must have.

Ski Gloves / Mitts - Ski gloves are an important part of your ski wardrobe, and unless you want cold hands, they can't be overlooked as a non-important accessory. After all, a pair of well-fitting, warm ski gloves or ski mittens can make your ski day a lot better! Generally speaking, mitts are better in that they keep hands warmer. Gloves should be well insulated and preferably have a waterproof lining like Gore-Tex or similar other liners. Woolly gloves are not suitable!

Ski Goggles / Glasses – Ski goggles are essential, not only to protect the eyes in adverse weather, but to act as a screen against the sun reflecting off the snow. Make sure that your goggles fit snugly and that the lenses are clean and clear. You can get ski goggles that fit on top of ordinary glasses for those that require them.



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CREATING
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Lip Salve and Sun Cream - Very necessary. Despite only a small amount of ski being exposed to the sun the strength of the UV rays at altitude plus the reflection from the snow will burn unprotected ski very quickly. A total sun block is recommended for all skiers. One small tube and a lip protector can be easily stored in a jacket pocket and will be more than enough for a week's skiing.

Yours sincerely

Christopher Brady

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Campion School

Ski Trip Leader



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Packing list

Skiing Clothes	Non-skiing clothes/items	Little hand luggage	Wear on coach
1 x Salopettes	jeans	Passport*	ski jacket
3 x ski socks	leggings	EHIC*	casual clothes
1x pair ski gloves	track suit bottoms	tissues/wipes	bulkiest shoes
1 x pair goggles	casual tops	phone	
Thermals	swimming costume	Entertainment (books, ipads, etc)	
Tights	towel	earphones	
Sports tops x 3	underwear	packed lunch	
Ski thin top	normal socks	medication	
1 pair ski sunglasses	trainers	Reading/ revision material	
ski sun cream	fancy dress outfit (optional)	water	
ski lip balm	pyjamas	neck pillow	
after sun	Wash bag	sunglasses	
Snood/Buf	deodorant	mini wash bag	
snow boots	toothbrush	make up	
	toothpaste	eye mask	
	shower gel		
	shampoo		
	conditioner		
	body lotion		
	medication		
	makeup and wipes	MONEY £ and EUROS	
	hair products	*Campion staff will have these	

Please note where some items on the packing list below are essential, others are not. Any item taken by students on the trip are taken at their own risk. Staff cannot be responsible for looking after students' valuables nor be held to account if anything happens to them.



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